

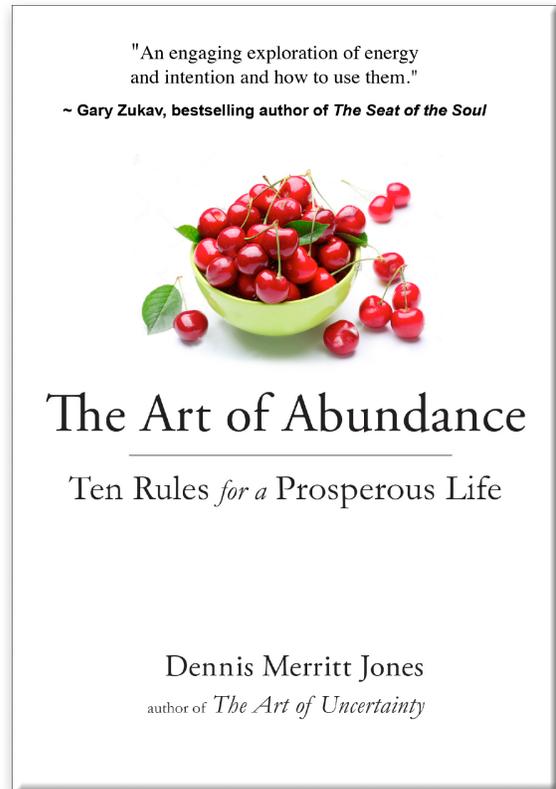
The Phoenix Spirit

The Art of Abundance: Ten Rules *for a* Prosperous Life

Review by
Barbara Kummer

Is your life worth living? Jones thinks most people want the same things: freedom, inner peace, and a life filled with purpose and meaning. He offers a new perspective regarding what gives meaning and value to one's life. He writes about a prosperous life, which he describes as a life of wholeness and peaceful satisfaction. He describes to readers how to recognize and create the enriched life they desire.

Utilizing his experience with the human potential movement, he identifies ten Abundance Rules. The rules are identified and best read in sequential order. They are: Be one with life, Be aware you live in an expanding universe, Be accountable for your conscious, Be focused, Be in the flow, Be passionate, Be



blessed, Be of service, Be courageous, and Be a catalyst for good. Each rule includes Jones' description of the relevant *premise*, the *problem*, the *principle*, the *practice* and the *payoff*. These help readers understand what they think and believe. Each chapter concludes with a summary of takeaways titled *Power Points to Personalize*.

Jones writes that he wants this book to "speak to your mind and your heart."

Does it ever!

July/August 2018 issue