

The Art of Abundance

Ten Rules for a Prosperous Life

By Dennis Merritt Jones

Whether we're striving for a new job, a higher salary, or a stronger relationship, we all essentially want the same things: freedom, inner peace, and a life filled with purpose and meaning. In **The Art of Abundance** (TarcherPerigee/Penguin Random House; On Sale July 31, 2018; ISBN 9780399183935), Dennis Merritt Jones explains that a life of wholeness and direction are well within our reach.

Jones outlines ten Abundance Rules that lay the foundation for a life worth living:

1. Be one with life
2. Be aware you live in an expanding universe
3. Be accountable for your consciousness
4. Be focused
5. Be in the flow
6. Be passionate
7. Be blessed
8. Be of service
9. Be courageous
10. Be a catalyst for good

In order to make each rule as easy to apply as possible, Jones lays out the premise, the problem, the principle, the practice, and the payoff of each. These simple roadmaps draw readers out of their comfort zones in order to open their eyes to new perspectives of prosperity and guide them to create a greater flow of goodness in their lives. Jones says, "We all essentially want the same thing: freedom, inner peace, and a life filled with purpose and meaning. The problem is that most people don't know where to look for such a life. This book will help readers open their eyes to the limitless abundance that lies just beyond their current belief system."

With inspiring quotations, illustrative parables, and powerful personal exercises, **The Art of Abundance** will help readers recognize and claim an enriching life of consciousness, intention, and peaceful satisfaction.

ABOUT THE AUTHOR

Dennis Merritt Jones has been involved in the human potential movement and the field of spirituality as a teacher, mentor, and speaker for more than thirty years. He founded the Center for Spiritual Living in Simi Valley, California, and led it for many years. Jones is the author of *Your (Re)defining Moments*, *The Art of Uncertainty*, and *The Art of Being*. His books have been recipients of Nautilus Awards. He is also a columnist for The Huffington Post and *Science of Mind Magazine*.