

A NEW BOOK RELEASE BY DENNIS MERRITT JONES



The Art of Uncertainty

How to Live in the Mystery of Life and Love It

Dennis Merritt Jones
author of *The Art of Being*

FORMAT

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SUBJECT

Spirituality / Personal Growth

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FEATURES

Quotes, Inspirational Reading,
Spiritual Exercises and Action Steps

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There is no area of our lives where we are not forced to step onto the pathway of uncertainty at one point or another. This includes our relationships, careers, physical health, finances, and so on. Why not enter the mystery *consciously* and *intentionally* every day? Becoming friends with uncertainty is a wise endeavor. As we make living in the mystery a daily practice, we prepare ourselves for the adventure regardless of whether we are pushed onto the pathway of uncertainty by inspiration or desperation, by pleasure or pain. In either case, we shall discover it is a journey we can learn to love.

With its "Points to Ponder" and "Mindfulness Practices" at the end of each chapter, you can consider *The Art of Uncertainty* as the perfect guidebook on how to step into the mystery of life and love it.

What Master Teachers Are Saying About

The Art of Uncertainty

"Masters throughout the ages have taught us to come to the edge of our current belief system and take a leap of faith beyond the known. In *The Art of Uncertainty*, Dennis Merritt Jones not only offers us a clear road map to the edge--he makes the leap with us. ~ **Gay Hendricks**, Author of *The Big Leap*

"With warmhearted clarity and transcendental common sense, Dennis Merritt Jones addresses the complexities, obstacles, joys, and ultimate fulfillment of walking the spiritual labyrinth home to the True Self. This is a book to read, reread, practice and embody." ~ **Michael Bernard Beckwith**, Author of *Spiritual Liberation*

"*The Art of Uncertainty* ~ *How to Live In the Mystery of Life and Love It* inspires and provides practical tools that can benefit all." ~ **Gary Zukav**, Author of *The Seat of The Soul*

"Dennis Merritt Jones' new book arrives with divinely right timing in my life and in the life of anyone contemplating next steps. How good it is to have this guide to leaning wholeheartedly into the mystery of change and walking in faith toward the full expression of one's potential."

~ **Dr. Kathy Hearn**, Community Spiritual Leader, United Centers for Spiritual Living

"*The Art of Uncertainty* is a masterful blend of tools and stories written to add and enhance everyone's journey to wakefulness. Dennis skillfully applies a lifetime of experience in awakening himself and others in this essential book of self-actualization. His points to ponder and mindfulness practices provide productive actions to aid the reader in embodying many of life's deepest introspections."

~ **Dr. Kenn Gordon**, President, International Centers for Spiritual Living

"*The Art of Uncertainty* shows us the simple and exciting path out of our little-life box into our large-life box, where we can experience and love the richness of our ever-uncertain lives. 'When nothing is certain, everything is possible.' Dennis so beautifully leads us to new life possibilities in this delightful book. I wish I could have read it long ago!" ~ **Tom Zender**, President Emeritus of Unity and author of *God Goes to Work*.